

# Down On Your Uppers

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Gary O'Reilly (Ire) September 2017

**Music:** "Down On Your Uppers" by Derek Ryan



**#32 count intro from lyrics starting dance on the instrumental section**

## **Section 1: Twist, Twist, Heel, Hook, Forward, Touch, Back, Touch**

- 1 2                      Twist/swivel both heels right (1), twist/swivel both heels back to center (2)
- 3 4                      Dig right heel forward (3), hook right across left (4)
- 5 6                      Step forward right on slight right diagonal (5), touch left next to right (6)
- 7 8                      Step back left on slight left diagonal (7), touch right next to left (8)

## **Section 2: Grapevine R, Grapevine ¼ L Brush**

- 1 2                      Step right to right side (1), cross left behind right (2)
- 3 4                      Step right to right side (3), touch left next to right (4)
- 5 6                      Step left to left side (5), cross right behind left (6)
- 7 8                      ¼ turn left stepping forward on left (7), brush right forward (8) [9:00]

## **Section 3: R Rocking Chair, R Heel Strut, L Heel Strut**

- 1 2                      Rock forward on right (1), recover on left (2)
- 3 4                      Rock back on right (3), recover on left (4)
- 5 6                      Right heel forward (5), drop right toe (6)
- 7 8                      Left heel forward (7), drop left toe (8)

## **Section 4: Forward, Swivel Heel/Toe/Heel, Forward, Swivel Heel/Toe/Stomp**

- 1 2                      Stomp right slightly forward on right diagonal (1), swivel left heel in towards right heel (2)
- 3 4                      Swivel left toe in towards right heel (3), swivel left heel in towards right heel (4)
- 5 6                      Stomp left slightly forward on left diagonal (5), swivel right heel in towards left heel (6)
- 7 8                      Swivel right toe in towards left heel (7), stomp right next to left (8)

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